

CORDA: Central Oklahoma Roller Derby Association

Welcome to roller derby. We are happy to have you join us!

CORDA's purpose is to promote women's health and sports through roller derby. To learn more about CORDA, check out our website at www.CORDAgirls.com

The Women's Flat Track Derby Association is the international governing body for the sport of women's flat track roller derby and a membership organization for leagues to collaborate and network. The WFTDA sets standards for rules, seasons, and safety, and determines guidelines for the national and international athletic competitions of member leagues. To learn more about WFTDA, check out their website at www.wftda.com

CORDA offers 3 different levels of initial membership to accommodate varying levels of interest in our organization:

- **Level 3**
A skater who strives to become a CORDA roller girl or referee.
New adults and juniors who want to receive assistance from the coaches would join as level 3 skaters.
Dues are \$5 per practice, and the first practice is free.
- **Level 4**
A skater who does not intend to become a roller girl or referee but would like to skate at CORDA practices.
New adults and juniors who want skate around the edges of the track at practices and do not want to receive assistance from the coaches would join as level 4 skaters.
Dues are \$10 per month, and the first practice is free.
- **Level 5**
A person who wants to be a part of CORDA but who does not want to skate at CORDA practices.
Dues are \$5 per month.

Roller Derby is a contact team sport, and CORDA strives to ensure the safety of all of our skaters. This means that everyone who attends a skating practice must sign a liability waiver, and anyone who skates at a skating practice must use the proper equipment. Skaters are responsible for acquiring their own equipment, and estimated prices are listed below. Most of the equipment is difficult to find in a local store, and buying online is easier and cheaper. Ask the seasoned roller girls or coaches about their equipment preferences, and check out our website for more information: www.cordagirls.com/Menu/Equipment.aspx

Required Equipment

Helmet	\$35
Knee Pads	\$25
Elbow Pads	\$25
Wrist Guards	\$15
Mouth Guard	\$10
Quad Skates	\$150

Monthly Dues

CORDA level 1:	\$35 / month
CORDA level 2:	\$35 / month
CORDA level 3:	\$5 / practice
CORDA level 4:	\$10 / month
CORDA level 5:	\$5 / month

Annual Fees

USARS adult insurance:	\$45
USARS junior insurance:	\$35

Websites

www.CORDAgirls.com
www.Facebook.com/AngelsOfNoMercy
www.wftda.com/rules

Contacts

Coach Risq: (405) 748-0147
info@CORDAgirls.com